taltz®
(ixekizumab) injection
80 mg/mL

Your guide is here

We know what it's like to deal with psoriatic arthritis. We're hoping our **Commit to You** guide will help. And once you're done reading, feel free to head back to taltz.com for more insights and information about Taltz.

Commit to you

With psoriatic arthritis, it's OK to focus on you. Why? Because you have to take care of yourself first before you can take care of others. Use these 3 simple tips as a daily reminder to **A.C.T.** to get the care you and your psoriatic arthritis deserve.

Accept and truly believe

- **You are more than enough**
- **It's OK to just be—love isn't**

measured by the things you do

- You didn't ask for psoriatic arthritis, so stop apologizing for it
- Others want to help. Let them (without any guilt)

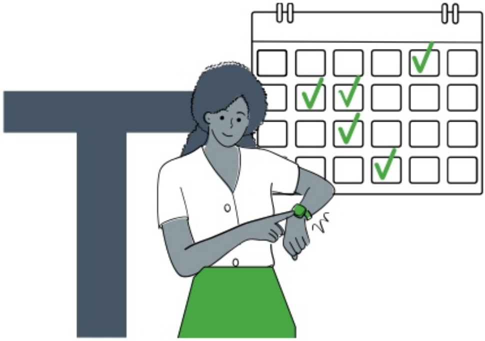
Care for you

- Don't settle. Why hang on to a treatment that no longer offers steady relief?
- Do what you like. Walk, swim,

cook, garden, shop, whatever

- Support helps! Try individual counseling or join a group

Time to expect more



- It’s OK to expect more from the people in your life
- If your rheumatologist is falling short, find a new one
- Don’t be afraid to take steps toward

finding a better normal

- **Imagine fewer ups and downs, and more good days**

INDICATIONS AND SAFETY SUMMARY

Taltz®(tȯl-ts) is an injectable medicine used to treat:

- People 6 years of age and older with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or treatment using ultraviolet or UV light (phototherapy).
- Adults with active psoriatic arthritis.
- Adults with active ankylosing spondylitis.
- Adults with active non-radiographic axial spondyloarthritis with objective signs of inflammation.

It is not known if Taltz is safe and effective in children for conditions other than plaque psoriasis or in children under 6 years of age.

Warnings - Taltz affects the immune system. It may increase your risk of infections, which can be serious. Do not use Taltz if you have any symptoms of infection, unless your doctor tells you to. If you have a symptom after starting Taltz, call your doctor right away.

Your doctor should check you for tuberculosis (TB) before you start Taltz, and watch you closely for signs of TB during and after treatment with Taltz. If you have TB, or had it in the past, your doctor may treat you for it before you start Taltz.

Do not use Taltz if you have had a serious allergic reaction to ixekizumab or any other ingredient in Taltz, such as: swelling of your eyelids, lips, mouth, tongue or throat, trouble breathing, feeling faint, throat or chest tightness, or skin rash. Get emergency help right away if you have any of these reactions. See the Medication Guide that comes with Taltz for a list of ingredients.

Crohn's disease or ulcerative colitis (inflammatory bowel disease) can start or get worse with Taltz use. Tell your doctor if you have any of these symptoms or if they get worse: stomach pain, diarrhea, and weight loss.

You should not get live vaccines while taking Taltz. You should get the vaccines you need before you start Taltz.

Common side effects

The most common side effects of Taltz include:

- Injection site reactions
- Upper respiratory infections
- Nausea
- Fungal skin infections

Tell your doctor if you have any side effects. **You can report side effects at 1-800-FDA-1088 or** www.fda.gov/medwatch.

Before using

Before you use Taltz, review these questions with your doctor:

- ☐ Are you being treated for an infection?
- ☐ Do you have an infection that does not go away or keeps coming back?
- ☐ Do you have TB or have you been in close contact with someone with TB?
- ☐ Do you have possible symptoms of an infection such as fever, cough, sores, diarrhea, or other symptoms? Ask your doctor about other possible symptoms.
- ☐ Do you have Crohn’s disease or ulcerative colitis?

Tell your doctor if:

- ☐ You need any vaccines or have had one recently.
- ☐ You take prescription or over-the-counter

medicines, vitamins, or herbal supplements.

- You are pregnant or planning to become pregnant. It is not known if Taltz can harm an unborn baby. **Pregnancy Exposure Registry:** There is a pregnancy registry to collect information about women who are exposed to Taltz during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. If you become pregnant while taking Taltz, you are encouraged to enroll in the pregnancy registry by calling 1-800-284-1695 or by visiting online at https://www.taltz.com.
- You are breastfeeding or planning to breastfeed. It is not known if Taltz passes into breastmilk.

How to take

See the instructions for use that come with Taltz. There you will find information about how to store, prepare, and inject Taltz. Adults may self-inject after receiving training from a healthcare provider.

For people under 18 years of age:

- Weighing less than 50 kg (i.e., 110 lb): Taltz must be given by a healthcare provider.
- Weighing more than 50 kg (i.e., 110 lb): If your healthcare provider decides that your caregiver may give your injections of Taltz at home, your caregiver should ask and receive training from a healthcare provider on the right way to prepare and inject Taltz.

Learn more

Taltz is a prescription medicine. For more information, call **1-800-545-5979** or go to taltz.com.

This summary provides basic information about Taltz but does not include all information known about this medicine. Read the information that comes with your prescription each time your prescription is filled. This information does not take the place of talking with your doctor. Be sure to talk to your doctor or other healthcare provider about Taltz and how to take it. Your doctor is the best person to help you decide if Taltz is right for you.

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